

## Personal Protective Equipment Instructions

Specific for: ENT

### All Patient Care

- Use an **N95 mask, faceshield, and gloves** for all direct patient care

### COVID-19 Patient Care

- **Gowns and head coverings** should be used during care of patients suspected or positive for COVID-19
- Continue to screen all patients before entry into the office. For those identified with potential COVID-19 symptoms, use telemedicine or phone to communicate. If the patient requires physical examination in the office, follow strict PPE guidelines.
- Dedicate a pair of shoes to be left at work. Wear a clean pair home.
- Patients requiring a procedure deemed as aerosol generating procedure (APG) should be considered for a COVID-19 screening test prior to procedure. Examples of an APG are fiberoptic scope, nasal cautery etc.

### Donning & Doffing PPE:

#### Procedure for donning PPE:

1. Perform hand hygiene.
2. Put on head covering (if indicated).
3. Put on isolation gown (if indicated).
4. Put on N95 mask.
5. Put on faceshield.
6. Put on gloves.

#### Procedure for doffing PPE:

1. Remove gloves and gown in one step by tearing or carefully untying gown, rolling it down the arms and into a ball with the inside of the gown being contained, removing gloves when you get to your hands. This prevents spread of droplets that may remain on the gown and reduces the chances of touching contaminated gloves. Discard in covered trash receptacle within patient's room.
2. Perform hand hygiene.
3. Exit room to a location where you can clean your faceshield.
4. Remove eye protection and clean with hospital provided disinfectant.
5. Perform hand hygiene.
6. Remove N95 by grasping the elastic without touching the surface of the N95.
  - a. Store it between uses in a clean place where it will not become contaminated.



- b. **DO NOT discard the N95** unless you feel it has been contaminated during donning or doffing.
7. Remove head covering and discard.
8. Perform hand hygiene again.

### Special Considerations for Aerosolizing-Procedures

- Use designated room # \_\_\_\_\_
- Limit who is present during procedures to essential staff only
- Place scope into red bin, line with blue chux.
- For a suspected or confirmed positive COVID-19 case, leave room empty for a minimum of 3 hours after procedure-end.