

Medical Orders for Life-Sustaining Treatment:

The Medical Orders for Life-Sustaining Treatment (MOLST) Program is designed to improve the quality of care seriously ill people receive at the end of life. It is based on effective communication of patient wishes, documentation of medical orders on a brightly colored pink form and a promise by health care professionals to honor these wishes.

MOLST does not replace the Health Care Proxy or Living Will. MOLST is for the seriously ill, applies right now and contains medical orders set by the patient.

MOLST is New York State's Physicians Orders for Life-Sustaining Treatment (POLST) Paradigm Program. Visit ohsu.edu/polst/ to see if your state has a POLST Paradigm program.

For further information on the Medical Orders for Life-Sustaining (MOLST) Program visit CompassionAndSupport.org or call toll free at (877) 718-6709.



Compassion and Support
at the End of Life

CompassionAndSupport.org

Conversations change lives.
Start your conversation.
Visit CompassionAndSupport.org
or call toll-free at (877) 718-6709.

As part of The Community-wide
End-of-life/Palliative Care Initiative,
we are pleased to produce this brochure.



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**Community
Conversations on
Compassionate Care
An Advance Care
Planning Program**

**Know your choices,
share your wishes.**

Maintain control,
achieve peace of mind,
and assure your wishes are honored.



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Advance Care Planning:

Advance Care Planning (ACP) is a process of planning for future medical care in case you are unable to make your own decisions.

Five Easy Steps:

1. Learn About Advance Directives
2. Remove Barriers
3. Motivate Yourself
4. Complete Your Health Care Proxy and Living Will
 - Have a Conversation with Your Family and Health Care Provider
 - Choose the Right Health Care Agent
 - Discuss Your Values, Beliefs and What is Important to You
 - Understand Life-Sustaining Treatment
 - Share Copies of Your Completed Advance Directives
5. Review and Update

Advance Directive Forms:

Each state has its own laws governing Advance Care Planning and the use of Health Care Proxy forms and Living Wills. Advance directives from each state can be found at your state's Department of Health Web site or caringinfo.org.

Conversations change lives. Start your conversation.



“Advance Care Planning played an important role in my mother’s care. The fact that her final wishes were discussed and clearly known removed any dissension among my family. It allowed us to be with our mother. More importantly, it allowed her to be in her home, as she wished, with her family by her side.

Having open communication with the very caring physician who worked with my mother on the end-of-life issues allowed us to deal with what was important at that time.”

- Ray D.

Community Conversations on Compassionate Care:

- Community Conversations on Compassionate Care is an award-winning program that combines storytelling with “Five Easy Steps” to promote conversations that help you complete your Health Care Proxy and Living Will.
- The Advance Care Planning booklet is an easy-to-use manual that will guide you through the Advance Care Planning process using the Five Easy Steps. The booklet provides a Health Care Proxy and Living Will form as well as the information necessary to ensure that your wishes will be carried out based on your previously discussed values and beliefs.
- An array of videos illustrates stories from real patients and families and explains the Advance Care Planning process using the Five Easy Steps.
- Community education to reach a diverse population is illustrated in the Community Partners in Advance Care Planning Education video.
- Visit the Compassion And Support Video Library at CompassionAndSupport.org.